

**MAP New Course Descriptions****PSY 522A: Perspectives: Trauma and Its Effects, Awareness, and Recovery <CRT> (3 units)**

This survey course introduces the student to the complex issues of trauma, trauma healing and transformation. Students will learn about the biopsychosocial/spiritual model which helping professionals can employ to help individuals who have experienced deep personal loss, violent conflict, pain and suffering. Students will explore the theoretical bases of trauma healing through narratives and case examples from a variety of clinical settings and engage in practical exercises to experience approaches to the treatment of trauma from awareness to recovery.

**PSY 522B: Treatment of Trauma and Posttraumatic Stress Disorder <CRT> (3 units)**

This course focuses on the treatment methods and needs of individuals suffering from symptoms characteristic of trauma and posttraumatic stress disorder (PTSD). This course also addresses assessment and intervention skills to work effectively with diverse using biopsychosocial and ecosystemic constructs. Specific techniques surveyed will include play therapy, biofeedback, cognitive-behavioral interventions, narrative, virtual reality treatment, and crisis intervention.

**PSY 522C: Conflict Resolution, and Secondary Posttraumatic Stress Disorder (PTSD) and Self-care Issues for Mental Health Professionals <CRT> (3 units)**

This course introduces graduate students to both theory and methods for conflict resolution with individuals, families, and small groups. It emphasizes a generalist perspective, beginning interviewing and relationship skills, problem assessment, goal setting, and contracting. Special attention is given to the common roles assumed by the helping professional in conflict resolution (e.g. facilitator, mediator, and advocate). Additionally, this course addresses the phenomenon of secondary PTSD, how vulnerable mental health workers are to developing it and issues of self-care.

**PSY 597A: Assessment and Treatment of Clients with Posttraumatic Stress Disorder and Co-occurring Substance/Alcohol Abuse, Dependency, or Addiction <CRT> (3 units)**

This course addresses the assessment and treatment of clients with posttraumatic stress disorder (PTSD) and co-occurring substance abuse/alcohol issues. Students will learn ways of assessing and treating clients who meet the criteria for PTSD and substance/alcohol abuse, dependence, or addiction.

**PSY 597C: Assessment and Treatment of Trauma/Posttraumatic Stress Disorder in the Civilian Population—PTSD III <CRT> (2 units)**

This course focuses on assessment and intervention with trauma victims evidencing acute and chronic trauma/PTSD symptomatology. The course addresses the delivery of services to various populations (children, adolescents, and adults) suffering from a wide range of problems related to trauma and PTSD. Service delivery systems (private practice, community mental health, and managed behavioral health care) will be discussed. Topics include clients' well-being after trauma, ethics, case management, treatment planning, managed care, and DSM-IV TR diagnoses. The course is experiential in nature and in-class practice of therapy skills will be included.

**PSY 597E: Domestic Violence and Posttraumatic Stress Disorder in the Civilian Population <CRT> (1 unit)**

This course helps participants work more effectively with domestic violence (DV) victims by understanding the cycle of intimate partner abuse and how posttraumatic stress disorder (PTSD) symptoms are developed by those who experience it on a regular basis.

**PSY 597B: Assessment and Treatment of Military Personnel/First Responders with Posttraumatic Stress Disorder (PTSD) and Co-occurring Substance/Alcohol Abuse, Dependency, or Addiction <CRT> (3 units).**

This course addresses the assessment and treatment of military/first responder personnel with posttraumatic stress disorder (PTSD) and co-occurring substance/alcohol issues as a result of exposure (real or vicarious) to combat or as a result of having experienced traumatic events as a first responder. Students will learn ways of assessing and treating clients who meet the criteria for PTSD and substance/alcohol abuse, dependence, or addiction.

**PSY 597D: Assessment and Treatment of Trauma/Posttraumatic Stress Disorder (PTSD) in the Military/First Responder Population—PTSD IV <CRT> (2 units).**

This course focuses on assessment and intervention with military veterans and first responders evidencing acute and chronic trauma/PTSD problems and disabilities. The course explores the integration of cognitive-behavioral and narrative intervention methods in the treatment of PTSD among the veteran population. The theoretical bases of cognitivism, behaviorism, and constructivism are identified and current issues in cognitive-behavioral and narrative methods are addressed. Assessment and interventions taught in this course are drawn from evidence-based practice and informed practice wisdom. Client strengths and individual empowerment are emphasized in formulating assessment and intervention strategies. Needs and resources specific to these personnel will also be introduced and discussed. The course is experiential in nature and in-class practice of therapy skills will be included.

**PSY 597E: Domestic Violence and Posttraumatic Stress Disorder in Military Personnel, and Military Couples/Families <CRT> (1 unit)**

This course examines the prevalence of domestic violence (DV) among military families/couples as compared to the general U.S. population. This course helps participants work more effectively with domestic violence (DV) victims by understanding the cycle of intimate partner abuse and how posttraumatic stress disorder (PTSD) symptoms are developed by those who experience it on a regular basis. The course will focus on treating military couples/families as a whole unit that has been impacted by PTSD.

**PSY594W: Introduction to Jungian Sandplay Therapy <SDP> (1 unit)**

This course introduces students to Sandplay Therapy from a Jungian perspective by means of examination of its history, primary theoretical foundations, and actual application of basic techniques in class.

The course includes experiential exercises working with the practice of positioning miniature figurines in sandboxes and examining deep emotions emerging from what is communicated by the sandplay process. Exercises introduce students to the sandplay apparatus including an explanation of formal clinical training in Jungian Sandplay Therapy and its history as an important psychotherapeutic tool. Discussion of the clinical application of sandplay through case study will identify its benefits for use with the development of affect regulation. The course also will include a discussion of sandplay therapy as a means of addressing natural disaster relief.